

## **MQ Health Wellness Series: Building Foundations for Life Webinar**

### **Facilitator / Speaker Biographies**

#### **Ms Lucy Tran, Business Operations Manager, Early Learning**

#### **Dr Penelope Uther, Paediatrics Discipline Lead**

Dr Penny Uther is a General Paediatrician who sees the full spectrum of Paediatric Presentations from neonates to adolescents. She enjoys working collaboratively with families and their multidisciplinary health care team to help children reach their full potential. Her primary clinical appointment is with Royal North Shore Hospital, however she also has a strong background in Medical Education, and has embraced the challenge of helping to establish the new Macquarie MD as Paediatric Lead.



#### **Ms Jan Hancock, Lead Physiotherapist, MQ Health Kids**

Jan is passionate about working collaboratively with children and their families, other healthcare providers and schools to identify problems, to optimise a child's potential and to help them achieve their functional goals. A focus on enabling participation in everyday activities underpins Jan's approach to care and therapy. Jan has a particular interest in working with children with neurodisability, and has undertaken clinical research investigating long term outcomes in children with acquired brain injury, motor outcomes of infants with non-accidental brain injuries, and evaluating brain injury rehabilitation services in NSW.



#### **Ms Sarah Legge, Senior Speech Pathologist, Clinical Educator**

Sarah has been a practising Speech Pathologist since 2000. Her scope of clinical practice spans community, hospital, private practice and school settings. Her breadth of paediatric experience includes early language delay, receptive and expressive language difficulty, speech sound disorders, stuttering, reading/spelling difficulties and voice disorders, and includes those with acquired communication difficulties related to a stroke or other neurological events. She has expertise and a clinical interest in paediatric feeding disorders. Sarah has a strong commitment to providing interventions that combine recent research whilst making therapy fun and meaningful for clients.



#### **Dr Carolyn Schniering, Director of Psychology Clinic, Senior Lecturer, School of Psychological Sciences**

Dr Carolyn Schniering, BA (Hons) MiClinPsych PhD, is a child psychologist and researcher at the Centre for Emotional Health, Department of Psychology, Macquarie University. She is a long-standing staff member on the Master of Clinical Psychology. She has extensive experience in the treatment of adolescents with emotional difficulties, and has developed and evaluated new transdiagnostic treatments for anxiety, depression and self-harm in youth. She teaches theory and practice of counselling at undergraduate and fourth year, as well as advanced evidence-based treatment at postgraduate level.

