

What is DEXA?

Dual-Energy X-Ray Absorptiometry (DEXA) combines two X-Ray beams with different energy levels to measure a patient's bone mineral density (BMD). It can also be used to generate a Total Body Composition report, which is useful for monitoring muscle bulk and fat content, and observing any changes following a new treatment or training regimen.

Preparation:

No special requirement

Medicare Rebates are available for DEXA BMD studies based on the following criteria:

Item Number	Description	
12306	<ul style="list-style-type: none"> 1 or more fractures after minimal trauma Monitoring low BMD proven by previous bone densitometry 	1 service only in 24 months
12312	<ul style="list-style-type: none"> Prolonged glucocorticoid therapy Conditions associated with excess glucocorticoid secretion Male hypogonadism Female hypogonadism lasting more than 6 months before age of 45 	1 service only in 12 months
12315	<ul style="list-style-type: none"> Primary hyperparathyroidism Chronic liver or renal disease Proven malabsorption disorders Rheumatoid arthritis Overactive thyroid disease 	1 service only in 24 months
12321	<ul style="list-style-type: none"> Measurement of BMD 12 months following a significant change in therapy for established low BMD Measurement of BMD after confirmation of a presumptive diagnosis of low BMD after one or more fractures 	1 service only in 12 months
12320	<ul style="list-style-type: none"> Patient over 70 years of age No previous BMD or Previous BMD T-score -1.5 and higher 	1 service only in 5 years
12322	<ul style="list-style-type: none"> Patient over 70 years of age Previous BMD T-score between -1.5 and -2.4 	1 service only in 24 months
No Rebate	Asymptomatic Patient is below 70 years of age and does not fit into another group	
Not Covered	<ul style="list-style-type: none"> Joint pain Menopausal Arimidex — Breast cancer drug related to osteoporosis Family history Osteopaenia 	
Private Fee	Total Body Composition	